

Sparks of Strength

CASSETTE LENDING LIBRARY

Addressing issues of crisis,
illness or loss.

Due to the sensitive nature
of these topics, please
listen carefully to each tape
before recommending
to others.

**A Project of Chai Lifeline's
Department of Crisis Intervention
and Bereavement Services**



Chai Lifeline

Fighting Illness With Love

Helping the Child, the Family and the Community

CHESED/BIKUR CHOLIM

Chaya Malka Abramson	Sowing the Seeds of Chessed - Implanting Chessed
Rabbi Yitzchak Berkowitz	Awaken Your Desire to Give
Rabbi Yitzchak Berkowitz	Caring: The Heart of Chessed
Rabbi Yissocher Frand	Visiting the Sick
Rabbi Paysach Krohn	Chessed and Sensitivity
Rabbi Paysach Krohn	The Art of Giving, Not Taking
Rabbi Paysach Krohn	Sharing the Burden of a Fellow Jew
Rabbi Paysach Krohn	Growing in Our Concern for Others
Rabbi Paysach Krohn	Chessed with the Ill and Grieving
Rebbitzen Nechama Miller	Emulating Hashem's Chessed
Rabbi Noach Orlowek	Where Chessed Begins
Rabbi Noach Orlowek	Carrying Your Friend's Burden
Rabbi Shimshon Dovid Pincus	Torah, Tefillah and Gemillus Chassadim
Rabbi Zelig Pliskin	Ahavas Yisroel
Rabbi Yisroel Reisman	The Pain of Being Lonely
Rebbitzen Yehudith Samet	Make People Happy with a Smile
Rabbi Fischel Schachter	Sefer Ahavas Chessed (4 tape series)
Rabbi Ezriel Tauber	Sensitivity to People in Need
Rabbi Ezriel Tauber	What You Can Do to Alleviate a Friend's Pain
Rebbitzen Dena Weinberg	Love and Honesty Through Chessed

PRAYER

Agudath Israel of America	Awareness Tefillah Project (3 series of 6 tapes each, various speakers)
Rabbi Yitzchak Berkowitz	Tehillim: Gateway to Prayer
Rabbi Yitzchak Berkowitz	Tehillim: Aligning Your Emotions
Rabbi Yissocher Frand	Tefillah of a Tzaddik for a Cholel
Rebbitzen Tziporah Heller	Outpouring - The Dynamics of Prayer
Rebbitzen Tehilla Jaeger	Deepening Our Connection Through Tefillah (3 tape series)
Rabbi Yitzchak Kirzner	Prayer and Sensitivity
Rabbi Yitzchak Kirzner	Prayer: Bonding Through Communication
Rabbi Yitzchak Kirzner	Prayer: Heightened Sensitivity
Rabbi Yitzchak Kirzner	Prayer: Nurturing the World
Rabbi Yitzchak Kirzner	Prayer: With My Entire Soul
Rabbi Yitzchak Kirzner	Living Worlds of Prayer
Rabbi Yitzchak Kirzner	The Soul of Prayer
Rabbi Yitzchak Kirzner	The Heights of Prayer (3 tape series)
Rabbi Zev Leff	Prayer

Rabbi Zev Leff	Yitzchak and Rivkah: Prayer and Tears
Rabbi Zev Leff	Tefillah: Reaching Your Potential
Rabbi David Orlofsky	Introduction to Prayer
Rabbi Shimshon Dovid Pincus	Torah and Tefillah
Rabbi Boruch Rabinowitz	Tefillah: It Can Change Your Life
Shalheves	The Power of Prayer (6 tape series, various speakers)
Rabbi Ezriel Tauber	Prayer in Times of Crisis

PERSONAL STORIES

Chaya Malka Abramson	“Who by Fire”
Miriam Besser	My Bout with Cancer
Elana Rosenblatt	Life is Beautiful

GLOBAL EVENTS

Rebbitzen Ruth Assaf	The Torah’s Lessons for Our Tumultuous Times
Rabbi Aaron Dovid Dunner	Attack on America: A Jew’s Response
Rabbi Aaron Dovid Dunner	Reacting to the Terror in Our Midst
Rabbi Yissocher Frand	Tefillah: A Response to 9/11
Rabbi Yissocher Frand	9/11: Have We Changed?
Rabbi Yissocher Frand	Terrorism
Rabbi Zev Leff	How Large Tragic Events Affect Mankind
Rabbi David Orlofsky	A Look at the Gulf War
Rabbi Shimshon Dovid Pincus	The Real Test of the Last Generation
Rabbi Ezriel Tauber	Eretz Yisroel: We Can Make a Difference
Rabbi Noach Weinberg	Growing from the Gulf Crisis
Rabbi Yaakov Weinberg	Terrorism (2 tape series)
Rabbi Moshe Meir Weiss	Understanding the Events of 9/11

UNDERSTANDING & COPING WITH SUFFERING/TRAGEDY/NISYONOS

Rebbitzen Ruth Assaf	Understanding Hashem’s Love Amidst Life’s Difficulties
Rabbi Motty Berger	Suffering and the Merciful One
Rabbi Motty Berger	Tragedy in the Face of a Caring G-d
Rabbi Yitzchak Berkowitz	How to Answer Questions about Suffering
Rabbi Yitzchak Berkowitz	Dealing with Troubles
Rabbi Benjamin Blech	Why Bad Things Happen to Good People (11 tape series)
Moshe Borowski, ACSW	Coping with Crisis and Loss: The Teacher’s Role
Rabbi Shmuel Dishon	Benefit of Suffering
Rabbi Shmuel Dishon	Seeing the Light in Every Situation
Rabbi Yissocher Frand	“Tzaddik V’Ra Lo” - Jewish View of Suffering
Rabbi Manis Friedman	Why Me?: Why Bad Things Happen to Good People (2 tape series)
Rebbitzen Tziporah Heller	Meaning in Suffering

Rebbitzen Tziporah Heller	Emunah and Bitachon - Our Tools to Confront Today's Challenges
Rabbi Yitzchok Isbee	“Tzaddik V’Ra Lo”
Rabbi Yitzchok Isbee	Why the Righteous Suffer (3 part series)
Rabbi Yitzchok Isbee	Chovos HaLivavos - Shaar HaBitachon (9 tape series)
Rabbi Ari Kahn	Why Do Innocent People Suffer?
Rabbi Ari Kahn	Why Bad Things Happen to Good People
Rabbi Ari Kahn	Turning Negatives into Positives
Rabbi Yitzchak Kirzner	Lighting the Night: The Torah’s Perspective on Meeting Life’s Adversities (9 tape series)
Rabbi Yitzchak Kirzner	The Death of Aharon’s Sons
Rabbi Yitzchak Kirzner	Understanding the Punishments Enumerated in the Torah
Rabbi Yitzchak Kirzner	Tisha B’Av: G-d’s Healing and Comfort
Rabbi Paysach Krohn	Coping and Groping
Rabbi Zev Leff	Remaining Strong Despite Hardships
Rabbi Avigdor Miller	The Gift of Affliction
Rabbi Avigdor Miller	Torah of Suffering
Rabbi Avigdor Miller	Gift of Difficulty
Rabbi Avigdor Miller	Accepting Affliction
Rabbi Avigdor Miller	Substitute for Suffering
Rabbi Avigdor Miller	Good Misfortune
Rabbi Avigdor Miller	Happy Misfortunes
Rabbi Avigdor Miller	Benefit of Misfortune: Substitute for Misfortune
Rabbi Avigdor Miller	Kind Misfortune
Rabbi Avigdor Miller	Chovos HaLivavos on “Misfortune”
Rabbi Avigdor Miller	Greatness in the Midst of Difficulty
Rabbi Avigdor Miller	Better with Difficulty
Rabbi Avigdor Miller	We Are Being Tested
Rabbi Avigdor Miller	A World of Tests
Rabbi Avigdor Miller	Test of Life
Rabbi Avigdor Miller	Overcoming the Barriers
Rabbi Avigdor Miller	Great by Ordeal
Rabbi Avigdor Miller	Success in Suffering
Rabbi Avigdor Miller	Sweetness of Affliction
Rabbi Avigdor Miller	The Best is the Worst
Rabbi Avigdor Miller	Success by Adversity
Rabbi Avigdor Miller	Bearing Adversity
Rabbi Avigdor Miller	Looking Back: Messages from Hashem
Rabbi Avigdor Miller	Our Mourning and Our Consolation

Rabbi Avigdor Miller	Rebuke of Happiness
Rabbi Avigdor Miller	Fountains of Joy and Sadness
Rabbi Avigdor Miller	Bitachon: “From Nowhere Comes My Help”
Rabbi Avigdor Miller	Consolation of Sadness
Rabbi Avigdor Miller	“And Behold It is Very Good”
Rabbi David Orlofsky	Understanding Suffering
Rabbi David Orlofsky	The Death of Nadav and Avihu
Rabbi Noach Orlowek	How Hashem Tests Us and How to Pass
Rabbi Noach Orlowek	Knowing Your Test and Knowing Yourself
Rabbi Shimshon Dovid Pincus	Emunah and Bitachon (6 tape series)
Rabbi Shimshon Dovid Pincus	Simcha in Times of Crisis
Rabbi Shimshon Dovid Pincus	Chizuk for Troubled Times
Rabbi Shimshon Dovid Pincus	Finding Hope in Our Pain
Rabbi Shimshon Dovid Pincus	Loyalty and Trust in Times of Darkness
Rabbi Boruch Rabinowitz	Accepting Difficult Experiences with Love
Rabbi Boruch Rabinowitz	Realizing Happiness Amidst Nissayon
Rabbi Yisroel Reisman	Inner Strength
Rabbi Yisroel Reisman	Is Laughter the Best Medicine?
Rabbi Yisroel Reisman	A Man’s Spirit Carries His Illness
Rabbi Fischel Schachter	Coping with Frustration
Rabbi Fischel Schachter	Mastering Life’s Tests
Rabbi Fischel Schachter	Happiness in Spite of Suffering
Rabbi Simcha Scholar	Coping with Loss
Rabbi Yehuda Silver	Getting Up from a Fall
Rabbi Ezriel Tauber	Finding Hashem When We Feel Alone
Rabbi Ezriel Tauber	Benefit of Suffering
Rabbi Ezriel Tauber	Bitachon in Times of Illness
Rabbi Ezriel Tauber	Accepting Yissurim with Love
Rabbi Ezriel Tauber	The Reward of Accepting Yissurim B’Simcha
Rabbi Ephraim Wachsmann	Life Challenges: Torah Solutions (4 tape series)
Rabbi Ephraim Wachsmann	“VaYidom Aharon”: The Power of Silence in Times of Crisis
Rebbitzen Dena Weinberg	Reflections During Challenging Times
Rabbi Noach Weinberg	Life, Death and Meaning
Rabbi Noach Weinberg	Turning Challenges into Opportunities
Rabbi Yaakov Weinberg	How Can a Just G-d Allow Tragedies?
Rabbi Yaakov Weinberg	Tracking the Message of Your Suffering
Rabbi Yaakov Weinberg	Why Bad Things Happen to Good People (3 tape series)

JEWISH MEDICAL ETHICS

Abraham S. Abraham, MD	Current Issues in Organ Transplants: Halachic Perspectives
Abraham S. Abraham, MD	The Physician and Shabbos (2 tape series)
Rabbi J. David Bleich	Defining the Parameters of the Duty to Treat
Rabbi J. David Bleich	A Physician's Obligation Regarding Disclosure of Information
Rabbi Tzvi Flaum	Advance Directives: A Halachic Perspective
Rabbi Yissocher Frand	Withholding Medical Treatment
Rabbi Yissocher Frand	Kohanim and Hospitals
Rabbi Yissocher Frand	The Physician's Obligation to Heal
Rabbi Yissocher Frand	Experimental Medical Treatment
Rabbi Yissocher Frand	Transplanted Organs
Rabbi Yissocher Frand	Kidney Donations
Rabbi Yissocher Frand	Dangerous Medical Procedures
Rabbi Yissocher Frand	Use of Unethical Medical Research
Rabbi Yissocher Frand	Rationing Medical Care
Rabbi Levi Yitzchok Horowitz	Caring for the Jewish Patient: Religious Perspectives
Lord Immanuel Jakobovits	Jewish Medical Ethics: Its Role in Shaping Legislation
Rabbi Yisroel Reisman	Organ Transplants
Rabbi Yisroel Reisman	Whose Body is It?
Rabbi Yisroel Reisman	Disease, Doctors and Hashem
Rabbi Yisroel Reisman	In the Womb: Pregnancy and Miscarriage
Abraham Steinberg, MD	Medical Ethics: Jewish vs. Secular Approach
Abraham Steinberg, MD	Halacha and the Sick Neonate
Rabbi Yaakov Weinberg	The Changing Face of Medical Ethics

END-OF-LIFE ISSUES

Abraham S. Abraham, MD	Dealing with End-of-Life Issues from a Halachic Perspective
Abraham S. Abraham, MD	End-of-Life Issues
Abraham S. Abraham, MD	Halachic Attitude Toward Secular Views of Withdrawing Life Support
Moshe Borowski, ACSW	Addressing the Needs of Patients/Families Facing Terminal Illness
Rabbi Yissocher Frand	Fulfilling the Wishes of the Deceased
Rabbi Yissocher Frand	Preventing a Suicide
Rabbi Yissocher Frand	Euthanasia
Rabbi Yissocher Frand	Legal Will
Rabbi Yitzchak Kirzner	Facing Death, Approaching Life
Rabbi Avigdor Miller	One Minute of Life
Rabbi Yisroel Reisman	When is Life Worth Living?
Rabbi Yisroel Reisman	The Gifts of Torah and Life

Rabbi Yisroel Reisman	Praying for Death
Rabbi Yisroel Reisman	Instructions from the Deathbed
Rabbi Yisroel Reisman	Time of Death
Rabbi Yisroel Reisman	Setting Up a Will
Rabbi Yisroel Reisman	Saving Lives
Rabbi Yisroel Reisman	Medical Questions of Life and Death

FUNERAL/BURIAL/MOURNING ISSUES

Rabbi Yissocher Frand	Hesped: The Laws and Customs
Rabbi Yissocher Frand	Postponing a Funeral
Rabbi Yissocher Frand	Funerals in Halacha
Rabbi Yissocher Frand	Burying the Dead on Yom Tov Sheini
Rabbi Yissocher Frand	Purchasing a Burial Plot
Rabbi Yissocher Frand	The Mitzvah of Burial
Rabbi Yissocher Frand	Exhumation: When is It Permitted?
Rabbi Yissocher Frand	Autopsies and Insurance
Rabbi Yissocher Frand	Embalming, Autopsies and Cremation
Rabbi Yissocher Frand	Tombstones
Rabbi Yissocher Frand	May a Daughter Say Kaddish?
Rabbi Yissocher Frand	Aveilus Issues
Rabbi Yissocher Frand	Saying Kaddish for 12 Months
Rabbi Yissocher Frand	Yahrtzeit
Rabbi Yisroel Reisman	Rules of Burial
Rabbi Yisroel Reisman	Burial in Israel
Rabbi Yisroel Reisman	Burying Limbs
Rabbi Yisroel Reisman	Re-interment
Rabbi Yisroel Reisman	Escorting the Dead
Rabbi Yisroel Reisman	The Matzaivah
Rabbi Yaakov Weinberg	The Purpose of Fasting and Mourning

OLAM HABAH

Rabbi Ari Kahn	Soul and Body in the Afterworld
Rabbi Ari Kahn	From Life to Death
Rabbi Yitzchak Kirzner	Body, Soul and Afterlife (2 tape series)
Rabbi Yitzchak Kirzner	Resurrection: A Jewish Perspective (2 tape series)
Rabbi Yitzchak Kirzner	Death is Not the Last Chapter
Rebbitzin Tziporah Heller	The Body, the Soul and the Afterlife
Rabbi Zev Leff	The World to Come
Rabbi Avigdor Miller	Consolations and Meditations
Rabbi Avigdor Miller	Hashem and the Afterlife

Rabbi Avigdor Miller	Olam Habah
Rabbi Avigdor Miller	Preparing for Olam Habah
Rabbi Avigdor Miller	Happiness of Afterlife
Rabbi Avigdor Miller	Who Merits Olam Habah
Rabbi Avigdor Miller	Citizens of Olam Habah
Rabbi Avigdor Miller	Believing and the Afterlife
Rabbi Avigdor Miller	The World to Come
Rabbi Avigdor Miller	Posing for Eternity
Rabbi Avigdor Miller	Preparing for Eternity
Rabbi Avigdor Miller	The Afterlife (2 tapes)
Rabbi Avigdor Miller	Revival of the Dead
Rabbi Avigdor Miller	Let Me Live Forever
Rabbi Avigdor Miller	The Living Soul
Rabbi Avigdor Miller	The Body: Partner of the Soul
Rabbi Yisroel Reisman	Gilgul: Coming Back?
Rabbi Yisroel Reisman	The Body and the Soul After Death
Rabbi Yaakov Weinberg	Migration of the Soul
Rabbi Yaakov Weinberg	What Happens After You Die
Rabbi Yaakov Weinberg	Olam Habah: A Matter of Life and Death

Chai Lifeline's Department of Crisis Intervention and Bereavement Services Helping Families Facing Crisis Or Loss

For more information and help, please contact
Moshe Borowski, ACSW, Director of Crisis Intervention and Bereavement Services,
at (212) 699-6646 or (877) 465-1300 ext. 646 or email: mborowski@chailifeline.org



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